

Riječ Ravnateljice Klinike za psihijatriju Vrapče

/ Foreword of the Director of University Psychiatric Hospital Vrapče

Klinika za psihijatriju Vrapče, ove, 2019. godine slavi svoju 140. obljetnicu postojanja i rada. Povodom Dana Bolnice, 15. studenog 2019. godine u Klinici će se, uz svečani program, održati i Simpozij pod nazivom "Dugovječnost – civilizacijsko postignuće i izazov današnjice" koji će na simboličan način naglasiti osnovnu funkciju ove bolnice tijekom njezine povijesti – brigu i skrb za najranjiviji dio populacije.

Klinika za psihijatriju Vrapče je naša najstarija, najveća i najznačajnija psihijatrijska ustanova koja je namjenski građena za oboljele od duševnih poremećaja. Činjenica da je takvu bolnicu naš narod dobio samo 18 godina nakon što ju je dobio Beč i 11 godina nakon što je sagrađena u Budimpešti, čini ovu bolnicu trajnim podsjetnikom naše pripadnosti srednjeeuropskom civilizacijskom ozračju.

Inicijativa za izgradnju "Zavoda za umobolne Stenjevec" pokrenuta je sredinom 19. stoljeća; tridesetak godina prije njegove izgradnje. Konačna inicijativa dolazi u Hrvatski sabor koji na svojoj sjednici od 28. studenog 1873. godine donosi „Osnove zakona o ustrojenju javne ludnice za obseg kraljevinah Hrvatske i Slavonije i krajine vojne hrvatsko-slavonske“. Zakon šalje na izvršenje banu Ivanu Mažuraniću, koji poduzima sve da se „javna ludnica“ i sagradi. U čast bana Ivana Mažuranića, kao najzaslužnijeg za izgradnju Bolnice u ulaznoj veži postavljena je ploča s natpisom "Za banovanja Ivana Mažuranića bude ovaj hram čovječnosti po zaključku Hrvatskog sabora podignut godine 1878/9."

In 2019 University Psychiatric Hospital Vrapče celebrates its 140th anniversary. On the occasion of Hospital Day, November 15, 2019, the Hospital will hold a symposium entitled "Longevity – an achievement of our civilization and a contemporary challenge", which will symbolically emphasize the basic purpose of this hospital throughout its history – care for the most vulnerable part of the population.

University Psychiatric Hospital Vrapče is our oldest, largest, and most significant psychiatric institution, purposely built for those suffering from mental disorders. Our nation received such an institution merely eighteen years after Vienna and eleven years after Budapest, which makes this hospital a permanent reminder of our place in the middle-European civilizational atmosphere.

The initiative to construct "The Mental Health Institute Stenjevec" was launched in mid-nineteenth century, some thirty years before it was built. The final initiative was brought to the Croatian Parliament, which in a session held on November 28, 1873, adopted the "Fundamentals of the law on the establishment of a public madhouse for the royal regions of Croatia and Slavonia and the Croatian-Slavonian military border". The law was sent to Ban Ivan Mažuranić, who undertook all necessary measures for the building of the "public madhouse". In honour of Ban Ivan Mažuranić, as the person most responsible for the construction of the hospital, a plaque was placed in the entry hall with the following inscription: "In 1879/9 this temple of humanity

Tijekom svoje povijesti Klinika za psihijatriju Vrapče izrasla je u stožernu psihijatrijsku ustanovu u Hrvatskoj. Uz osnovnu djelatnost – liječenje duševnih bolesnika – godišnje oko 8.500 hospitalizacija, 25.000 dolazaka u Dnevnu bolnicu i oko 60.000 ambulantnih pregleda - u Bolnici se odvija intenzivan nastavni i znanstveni rad. Bolnica ima značajnu izdavačku i kulturnu djelatnost, a njezini stručnjaci značajno artikuliraju sva važnija pitanja koja se odnose na oboljele od duševnih poremećaja.

Bolnica je nastavna baza Medicinskog fakulteta, Edukacijsko-rehabilitacijskog fakulteta, Pravnog fakulteta Sveučilišta u Zagrebu, te Hrvatskih studija. Više je izbornih kolegija koje stručnjaci Bolnice vode studentima nekih drugih fakulteta zagrebačkog Sveučilišta. U Bolnici se educiraju postdiplomanti i specijalizanti iz psihijatrije.

U Klinici za psihijatriju Vrapče posebno se vodi briga o ljudskim pravima duševnih bolesnika. U ovoj Bolnici su najprije artikulirani svi propisi koji se odnose na duševne bolesnike, poglavito njihova prava. Psihijatri iz “Vrapča” bili su jedni od kreatora Zakona o zaštiti osoba s duševnim smetnjama koji je Hrvatski sabor donio 1997. godine. Taj zakon je najprije implementiran upravo u “Vrapču”, u “Vrapču” je praćena njegova primjena i iz “Vrapča” su krenule inicijative o izmjenama onih dijelova Zakona koje je trebalo poboljšati.

Njegujući jednu od važnih odrednica svojega rada u Bolnici se godinama, na sustavni način od 1959. godine, brine o populaciji starijih bolesnika. Razumijevajući odjeke civilizacijskog napretka u produljenju životnog vijeka, a time i svih poremećaja kojima je vremenost bremena, Bolnica razvija infrastrukturne i stručne kapacitete kako bi na najbolji način skrbrila o starijoj populaciji, čuvajući njeno dostojanstvo. U tom smislu očekujemo dovršetak započete izgradnje novog Zavoda za psihogerijatriju. Ovaj bi Simpozij, s vrlo izazovnim naslovom

was erected under Ban Ivan Mažuranić according to the suggestion of the Croatian Parliament”.

During its history, the University Psychiatric Hospital Vrapče grew into the most prominent psychiatric institution in Croatia. Along with its primary function – treatment of mental disorders – every year approximately 8.500 patients are hospitalized, 25.000 patients are received in outpatient care, and around 60.000 clinical examinations are performed – the hospital is also the site of intense educational and scientific work. The hospital is the site of significant publishing and cultural activities, and its experts are well-versed in all important issues related to patients with mental disorders.

The hospital is the educational centre for the School of Medicine, Faculty of Education and Rehabilitation Sciences, Faculty of Law, and the Centre for Croatian Studies. The hospital’s experts teach several courses to students of certain other faculties in the University of Zagreb. Post-graduates and residents are also educated at the hospital.

At the University Psychiatric Hospital Vrapče, special attention is paid to the human rights of patients with mental disorders. All the regulations related to patients with mental disorders, especially their rights, were first articulated at the hospital. The psychiatrists from the Vrapče hospital participated in the writing of the Law on the Protection of People with Mental Disorders, adopted by the Croatian Parliament in 1997. The law was first implemented in the Vrapče hospital, its application there was monitored, and initiatives for amendments to the law which required improvement were launched from the Vrapče hospital.

Since 1959, by fostering one of the important principles of its work, the hospital has systematically cared for the population of the elderly. By understanding the consequences of extended life expectancy, including all the disorders that burden longevity, the hospital develops its infrastructural and expert capacities in order to

i bogatim sadržajem, trebao biti i ostati trajni podsjetnik, ne samo na potrebnu svekoliku i kontinuiranu brigu o vremenšnoj populaciji, već i na odjeke civilizacijskog napretka kojemu trajno težimo.

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Ravnateljica Klinike za psihijatriju Vrapče
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provide the best possible care to the older population, at the same time protecting their dignity. We are therefore looking forward to the conclusion of the construction of the new Institute for Psychogeriatrics. This symposium, with its interesting title and rich contents, should function as a permanent reminder of not only the need for a comprehensive and continued care for the elderly population but also the consequences of civilizational progress to which we continually strive.

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